

From Rationality to Wisdom.

Reflections on Steiner's Path to a Modern Spiritual Culture

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Like philosophy, the term anthroposophy refers to wisdom understood as a deeper dimension of knowledge. Whereas philosophy distinguishes itself from mythology and religion by striving for justifiable knowledge through rational inquiry—grounded in logical coherence and empirical evidence—anthroposophy offers a spiritual-cultural framework that does not position itself in opposition to the scientific worldview. Rather, it asserts its validity through epistemological reflection and experiential insight. In contrast to many contemporary spiritual practices, which primarily aim at mental stress reduction, anthroposophy may be understood as a renewed engagement with the ancient concept of Brahmagyda—the pursuit of knowledge concerning the deepest layers of reality and human existence. This talk aims to explore and critically examine the tension between rationality and spiritual knowledge that arises within this context.

References:

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